



Welcome to issue 4 of the KFF Newsletter. The club has had a successful summer of social events and I wish I could give them all the space here that they deserve. Please do visit Hugh's website gallery for more pictures of the walks and meets listed here. Ed.

### The High House Lease

There has been a break in our negotiations caused by the departure of the National Trust's Estate Manager at the end of May. His replacement did not take up the post until the end of August. We have re-established contact now but the new manager has many pressing jobs to tackle before she can devote time to considering the remaining issues of our lease. We hope that will be in the next couple of weeks.

### Club Funds

As a result of the negotiations the committee has come to realise more fully its responsibilities under the lease.

One of these was the responsibility to pay the remaining rent for the full term, even if we decided (or were forced) to give up High House.

The negotiating team have managed to reduce this to a maximum of 5 years but in order to protect future members the committee has decided to ringfence £15,000 of its funds for that purpose. This means that the money available for repairs and maintenance is now at a critically low level. The Management Sub-committee is now looking at a whole range of options to bring our funds up to a sustainable level.

### Hardendale Midweek Walk Nº. 72. 27 April 2016

On a chilly spring day 18 members and friends arrived on the moorland above junction 39 on the M6 for Colin and Val's walk across the quiet uplands north of Crosby Ravensworth Fell (top). We walked across Hardendale Nab, admiring old cairns, an interesting long quarried wall of limestone (worth a look Shinscrapers?)

and superb views of the blue 'lakes' of Hardendale Quarry. By the time we reached Oddendale a mini-blizzard engulfed us and we abandoned our search for the ancient stone circle. Pathways took us eastwards past abandoned farmsteads to Crosby Ravensworth for lunch at the Butchers Arms. The skies were clearing as we headed back west and the black clouds were being scraped off the great wall of the Pennines to reveal snowy tops as a backdrop to the smoking chimneys of Kirkby Thore. The sun broke through and we sat in its warmth on the summit stones of Iron Hill to sip coffee and take in the fine 360 degree panorama. Field and woodland path took us to the farm-hamlet of Hardendale and so back to our cars. For most of us it had been an interesting exploration of hitherto unknown territory and for all of us another good day out in great company.

### Arkholme Evening Walk 3rd May 2016

Fourteen of us gathered at the Bay Horse Inn in Arkholme (below). The weather was good and for a couple of hours we enjoyed following Tony and Sandra over the hills and far way - well, to the fine farmhouse at Gunnerthwaite and back actually, followed by a fun evening in the Bay Horse.



## Orrest Head Midweek Walk N<sup>o</sup>. 73. 25th May 2016

No report received but it looks like they all had a good time:



Woodwell Evening Walk 14th June 2016 No report received

## Pyrenees Camping Meet 22-29 June 2016

Fourteen made their way through France to gather at the agreed campsite at Ax-les-Thermes. We had a full week of walking amid the beautiful mountains of the Arriege (*below*), some ambling through flower-filled meadows and some tougher routes on

exhilarating ridges. We found a little local crag for a pleasant afternoon's climbing and of course the campsite evenings were always very convivial affairs. If you want to know more, see the photographs in the website gallery and look out for the slideshow early next year.

## Summer Quiet Weekend 8 - 10 July 2016

Nine members enjoyed this weekend at High House. On Saturday we combined bus rides with a 'waterproofs on, waterproofs off' walk from Grange on the Manesty road to Keswick, a club standby for 'indifferent' days. The weather didn't detract from the marvellous views across the lake of course. OK, yes it did (*below*) but it was still a jolly crowd that gathered in the Scafell for a bar-meal that evening.



## Farleton Knott Evening Walk 12th July 2016

Kryisia resurrected her cancelled Saturday walk from earlier in the year as an evening outing. From the new Auction Mart at Moss End we seven followed the canal towpath southwards to Farleton and then climbed steeply up onto the Knott to take in the fine views in every direction. A gentle descent through old twisted thorn trees sprouting from the limestone pavement took us down to Puddlemire Lane in sunshine. Field paths led to Nook Bridge and quiet country roads back to the cars. We finished a very pleasant evening with refreshments at the Crooklands Hotel.





### Barbon Fell Midweek Walk N<sup>o</sup>. 75. 27th July 2016

A fine sunny day brought out 17 members, some from as far away as Cheshire, for Graham and Irene's ramble from Barbon. We followed the woodland path through Barbondale to Blindbeck Bridge where picnickers were enjoying the perfect beckside idyll. We followed the bridleway up to Bullpot Farm where many caving stories were dredged from the memory-banks. A short spell of road walking took us to the right of way over the southern flanks of Barbon Low Fell to the surprisingly large cairn on Brownthwaite Pike. A splendid viewpoint and a good place for stone-balancing (*top*). We returned to Barbon by the Fellfoot Road, counting the Goldsworthy 'sheepfolds' as we went, then across fields at Whelprigg to finish with pots of tea in the warm afternoon sun at the wonderful Churchmouse cafe (and village shop, and delicatessen) on the edge of the village.

### Water Weekend 29th - 31st July 2016

No report or photos received, although we hear that there was a good turnout and everyone had a great weekend.

### Borrowdale Fell Race 6th August 2016

Once again, there is no report and there are no photographs

### Hutton Roof Evening Walk 16th August 2016

This walk was shortened at the last minute because it became clear on a reconnaissance trip a couple of days before that the planned route to the summit of Hutton Roof Crags would involve a fair bit of 'jungle-bashing' through tick-infested bracken. Obviously the wrong time of year for such a walk. So no great height was

gained and the best bit was missed out. Never mind, just 7 of us pottered along by footpath and green road across the bottom of Pickles Wood. Sunlight pierced the foliage to dapple the flowers and grasses at our feet. In a clearing we came upon a large iron charcoal kiln, already filled and ready for firing. As we crossed the fields below Home Farm back into Burton-in-Kendal the sun set and treated us to a fine fiery lightshow as darkness fell. Perhaps it was just as well that we cut the walk short?

### Selside Pike Midweek Walk N<sup>o</sup>. 76. 24th August 2016

A day of glorious sunshine, a t-shirts and shorts day. Eleven of us met at the rough lay-by that is the last parking space before entering Swindale. David led us along the rather damp path below Gouther Crag. As well as giving climbers the chance to look up and remember their glory days, the path gave a grandstand view of the diggers at work putting the bends back into the Swindale Beck. The river was straightened 200 years ago to provide more land for grazing but now environmental concerns have prompted the various government bodies to put it back into its 'natural' state. It will look just fine when it's finished, no doubt.

We emerged onto the footbridge at the bottom of the delightful Mosedale Forces, a series of cascades and pools dropping from the boggy upland of Mosedale itself. We wandered over Nabs Moor, picnicked at the crossing of Hobgrumble Gill and climbed the steep grassy slopes to the summit stones of Selside Pike. Rather than taking the obvious corpse-road back to Swindale Head and a tarmac finish to the walk, David kept us high on the grass of Swindale Common so that the walk finished with a steep little descent directly to the cars.

### Working Weekend

More good weather meant that most of the jobs got done. Well done all those who turned out.

### Catrigg Force and Attermire Scar Midweek Walk N<sup>o</sup>. 77. 28th September 2016

Sixteen members and friends came along to Settle for Frank Haygarth's Midweek Walk. Hughie wrote:

*Frank Haygarth, Mick & Clare Fox, Tony Maguire & Sue Mitchell, Val Calder, David Birkett, Ruth and Robin, Hugh Taylor & Angie Mitchell, Norman Bell, Jenny Scott, Les Ord, Sam & Elaine Bracken.* Despite a forecast for a dry day, the weather in Settle was drizzle so coffee in The Lion seemed a good idea. Then up Constitution Hill and along the fellside to Langcliffe before heading up to Catrigg Force for lunch. The return was made via the superb scenery of Attermire, checking out a few caves including Victoria Cave. Tea and cakes in the Naked Man cafe rounded off an excellent walk with weather that improved through the day. Thanks Frank.

(*Below: walking back down into Settle*).



# KFF Club Events for October 2016 – January 2017

*And don't forget: every Thursday evening is 'Climbing for All' at Kendal Climbing Wall throughout the winter.  
Why not come along and give it a try?  
Please contact Mike Palk 01524 736548*

## October

**Tuesday 4th - Committee Meeting** at the Rifleman's Arms

**Sunday 9th - Weekend Walk**

High Cup Nick from Dufton. Meet 10.30 am in carpark in Dufton (GR NY 690 250) 1600 ft of ascent. Leader Maja While 01748 821834

**Tuesday 11th - Slide Show**

'Fellfarers in Madeira'. Meet 7.30pm at the Strickland Arms. Guests welcome. Sandwiches provided.

**Wednesday 19th - Midweek Walk**

The Howgills: Gaisgill and back. Nine miles with approximately 600 metres of ascent. Meet at 10 am near Carlingill Bridge (GR 624 995) Roadside parking. Leader Mike Walford 015395 52102

**Week 24th-30th - High House**

is booked for Fellfarers for the Half-term holiday.

## November

**Tuesday 1st - Committee Meeting** at the Rifleman's Arms

**Weekend 11th-13th - High House**

is booked for Fellfarers for Remembrance Weekend.

**Tuesday 15th - Slide Show**

'Kerala and Queyras: Cycling and walking in India and France' Tony and Sue Maguire. Meet 7.30pm. The Strickland Arms, Sizergh. Sandwiches provided. Guests welcome.

**Wednesday 23rd - Midweek walk**

Meet 10.30 am at Force Bridge (GR507 868) for a 5.5 to 6.5 miles of easy walking. Two cafes and a pub en route so bring your purses! Leader Roger Atkinson 01539 732490

## December

**Tuesday 6th - Committee Meeting** at the Rifleman's Arms

**Wednesday 7th - Midweek walk and Christmas Lunch.**

A Short Walk on Spy Crag. Meet at 10.30 am for coffee at Wilf's, Staveley. Details of walk decided on day – to suit weather and mood of participants. Lunch at the Eagle and Child at 1.00pm. Leader Mick Fox 01539 727531

**Friday 16th - Moonlight Walk**

Meet at 6.30 pm outside the Rifleman's Pub for a moonlight walk followed by mince pies and drinks in the Riflemans. Bring a headtorch just in case. Leader Clare Fox 01531 727531

**Week 23rd-31st - High House**

is booked for Fellfarers for Christmas and the New Year.

## January 2017

**Tuesday 10th - Committee Meeting** at the Rifleman's Arms

**Continuing week 1st-2nd - High House**

is booked for Fellfarers for Christmas and the New Year.

**Saturday 14th - Charlies Walk**

Meet at 11am at County Hall Kendal for a walk to Cunswick Scar and on to Staveley. Bus back. Leader David Birkett 01531 738280

**Weekend 13th-15th - The Glencoe Meet**

To book your place in one of the cosy and superbly placed Clachaig chalets and for further information contact Hugh Taylor 01524 762067

**Wednesday 18th - Midweek Walk**

'A Walk in the Coniston area'. Meet at 10.00am at the Glen Mary Car park near Yewdale Tarn (GR SD 322 999) for a low level walk with a few hundred feet of ascent and descent. Distance 8 miles. Leader Norman Bell 015394 44939

**Weekend 20th-22th - High House**

is booked for the Winter Quiet Weekend.

A Winter walk(s) for Saturday will be planned on Friday night. Bring your ideas along. Bar-meal at the Scafell Hotel on Saturday.

**Tuesday 24th - Slide Show**

'Review of the Fellfarers' Year' Meet 7.30 pm. The Strickland Arms, Sizergh. Sandwiches provided. Guests welcome.

**Friday 27th - The Fellfarers' Annual General Meeting**

Meet at 7.30 pm. The Duke of Cumberland, Shap Road, Kendal. Sandwiches provided.

## March 2017

### The KFF Scottish Hotel Meet Oban.

After a very enjoyable away meet last year (island-hopping, hill-walking, sight-seeing and pub-sampling) we have booked the Royal Hotel in Oban again for this year's Scottish Hotel Meet.

The hotel has been booked from the 19th March to 24th March (5 nights) and the cost will be £36 per person per night for dinner, bed and breakfast. (Total £180).

There is a single room supplement of £13 per night.

If you would like to come on this trip please let Clare know. Payment will be required in February but you will be given more information nearer the time.